

# Friday Dec 6, 2019

# Modified Gym

Session 1 –Level 6's (57 Gymnasts) From All Around, Factory, Oak Park, Aerial, Ultimate, Firehouse, Flips and HUGS Check In at 8am March In at 8:20am Flight One Warm Up at 8:30am Meet Starts at 8:45am Meet Ends at 11:05am

#### Session 2 – Level 4's (89 Gymnasts)

From All Around, Factory, Gem City, Dynasty, Ultimate, Oak Park, Aerial, HUGS, Firehouse, Flips and Kinetics Check In at 11:20am March In at 11:40am Flight One Warm Up at 11:50am Meet Starts at 12:05pm Meet Ends at 3pm

### Session 3 – Level 3 (78 Gymnasts)

From Gem City, XCalibur, Dynasty, Ultimate, Oak Park, Flips, Kinetics, HUGS Check In at 3:15pm March In at 3:35pm Flight One Warm Up at 3:45pm Meet Starts at 3:55pm Meet Ends at 6:10pm

# Session 4 - Level 9/10/Platinum ALL (64 Gymnasts)

Check In at 6:20pm March In at 6:40pm Flight One Warm Up at 6:50pm Meet Starts at 7:05pm Meet Ends at 9:45pm

# **Saturday December 7**

#### Modified Gym

## Session 5 – Lv 7/Diamond ALL

(79 Gymnasts) Check In at 8am March In at 8:20am Flight One Warm Up at 8:30am Meet Starts at 8:45pm Meet Ends at 11:45am Awards to follow in Awards Area

# Traditional Gym

# Session 5B – Silver (53 Gymnasts)

From GymStars, Ultimate, Kinetics, USGTC Check In at 8:15am March In at 8:35am Meet Starts at 8:45am Meet Ends at 10:55am Awards to follow in Awards Area

### Session 6 – Level 5/8 (80 Gymnasts) ALL Level 8's & Level 5's American, XCalibur, GAR, Vernon, Ultimate, Palatine, Viking

Check In at 11:45am March In at 12:05pm Flight One Warm Up at 12:15pm Meet Starts at 12:30pm Meet Ends at 3:20pm Awards to follow in Awards Area

# Session 7 – Level 4 (85 Gymnasts) IGI, GAR, Buff Grove, Wilmette, Westosha, Vernon Hills, PGC, Palmers, Palatine

Check In at 3:30pm March In at 3:50pm Flight One Warm Up at 4pm Meet Starts at 4:15pm Meet Ends at 7:05pm Awards to follow in Awards Area

## Session 8 – Level 6 (52 Gymnasts) Buff Gr, Corkscrew, Flying High, Palatine, Palmers, PGC, Vernon, Viking, Wilmette, American

Check In at 7:15pm March In at 7:35pm Flight One Warm Up at 7:45pm Meet Starts at 7:55pm Meet Ends at 10pm Awards to follow in Awards Area Session 6B – Level 5 (62 Gymnasts) From Dynasty, IGI, Aerial, Am Eagle, Buff Grove, Corkscrew, Firehouse, Flips, Flying High, Turners, PGC, Shop, Wilmette, Westosha Check In at 11:45am March In at 12:05pm Meet Starts at 12:15pm Meet Ends at 3:20pm Awards to follow on Competition Floor

## Session 7B – Silver (49 Gymnasts) From Excel, Flips, Flying High, HUGS, Great River, Firehouse, Amer Eagle Check In at 4pm March In at 4:20pm Meet Starts at 4:30pm Meet Ends at 6:25pm Awards to follow in Awards Area

# Session 8B – Gold (45 Gymnasts) From Excel, GymStars, Great River, Aerial, HUGS, XCalibur Check In at 6:40pm March In at 7pm Meet Starts at 7:10pm Meet Ends at 9:25pm Awards to follow in Awards Area

# Sunday, December 8<sup>th</sup>

#### Modified Gym

Session 9 – Gold (56 Gymnasts) From Kinetics, Am Eagle, Flips, Flying High, USGTC, Ultimate, Firehouse

Check In at 8am March In at 8:20am Flight One Warm Up at 8:30am Meet Starts at 8:40am Meet Ends at 10:35am Awards to follow in Awards Area

#### Session 10 – Level 4 (70 Gymnasts)

From Kinetics, Am Eagle, Turners, Shop, Flying High, Viking, XCalibur, Corkscrew

Check In at 10:45am March In at 11:05am Flight One Warm Up at 11:15am Meet Starts at 11:25pm Meet Ends at 1:45pm Awards to follow in Awards Area

#### Session 11 – Level 3 (62 Gymnasts)

From American North, Am Eagle, Shop

### *Kinetics, Flying High, Turners, Viking* Check In at 1:55pm March In at 2:15pm Flight One Warm Up at 2:25pm

Meet Starts at 2:35pm Meet Ends at 4:20pm Awards to follow in Awards Area

#### **Traditional Gym**

Session 9B – Level 2/Bronze ALL (52 Gymnasts) Check In at 8:30am March In at 8:50am Meet Starts at 9am Meet Ends at 10:45am Awards to Follow on Competition Floor